

Risk assessment template

Company name: **Truro River Rowing Club - Launching and Recovering of gigs.** Assessment carried out by: **Gill Rylance**

Date of next review: **31/05/2021**

Date assessment was carried out: **15/06/2020**

| What are the hazards? | Who might be harmed and how? | What are you already doing to control the risks? | What further action do you need to take to control the risks? | Who needs to carry out the action? | When is the action needed by? | Done |
|---|--|---|--|--|--|-------------------------------|
| Injury from poor handling of gigs, trolleys and other equipment when launching and recovering gig – including muscular strains, cuts, bruising. | All participants. Injury due to lack of care extracting oars from oar box, lifting them into/out of boat. Injury sustained when handling trolleys into position. | All rowers are given safety briefing before first row with the club to ensure they are fit to carry out the activity and exercise care when handling equipment. New rowers complete health declaration and all | Refresher briefings for all rowers but particularly for new and developing rowers. Consider lightweight trolleys in future. | Coxswain or responsible person at the time. TRRC Committee. | At start of the first 3-4 training sessions for new rowers and as deemed necessary by responsible Club member thereafter. Ongoing – annual reminder for returning | Ongoing from assessment date. |

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| Cont'd | <p>Injury sustained when lifting and manhandling the gig into the water.</p> <p>Injury due to manhandling of rudder due to weight (mainly coxswains)</p> | <p>rowers do so annually on renewal of membership.</p> <p>One person to take responsibility for instructing all persons when/how to lift gig to reduce risk of injury.</p> | <p>Ensure all participants are aware of and execute correct handling techniques at all times.</p> <p>As above.</p> | | <p>members.</p> <p>As above</p> <p>As above.</p> | |
| Ingress into and egress from gig. | All rowers, coxswains and passengers. | <p>Safety briefing provided for all participants.</p> <p>Gig held steady by others while all parties get in.</p> <p>Care and time</p> | <p>Coxswain and Rowing Secretary to consider weather conditions for launch and recovery of gig when necessary.</p> <p>Rowing to be cancelled if deemed dangerous to do</p> | Rowing Sec / Coxswain | As required | Ongoing |

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| Cont'd | | <p>taken to move around once in the gig.</p> <p>Non-slip paint/material is applied where possible.</p> <p>Request all users have suitable footwear to reduce slipping.</p> <p>When possible on return to the beach, shore party to receive and hold gig steady while rowers, etc disembark.</p> | <p>so.</p> <p>Maintain boats in good order, replacing like for like when possible. In wooden gigs, consider paint that is used on bottom boards.</p> <p>Provide advice regarding suitable footwear.</p> | <p>Committee led by Club Bosun/Maintenance Officer</p> <p>Those responsible for organising training sessions.</p> <p>As above. All participants.</p> | | |

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| Cont'd | | Where insufficient number do not allow for this, 2 persons in bow to disembark and hold gig while others disembark in turn. | | All participants. | | |
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More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/